



Continuing Professional Development

Visit website for more information
and to book your course:

thesolutionsfocusedcoach.com

E. drgj@thesolutionsfocusedcoach.com

M. 07770 230108

Digital SFCiS

Structured Kindness

Whole school approach to wellbeing, inclusion
and engagement from £2 per pupil.



Solutions Focused Coaching in Schools (SFCiS) provides early-help solutions for those difficult social, emotional and behavioural problems that are beyond the reach of rewards and punishments.

It works by refocusing effort on the solutions to a problem, in place of getting bogged down by the problem itself. With SFCiS adopted as a routine activity in school, staff at all levels respond quickly and effectively to the wide range of needs, acting before problems become overwhelming.

Digital SFCiS

Structured Kindness

thesolutionsfocusedcoach.com
E. drgj@thesolutionsfocusedcoach.com
M. 07770 230108



Key Features

- SFCiS strategy and materials produced by a qualified expert in the field
- Online self-paced learning tailored to the school term and staff availability
- Planned and on-demand support and supervision by SFCiS professionals
- School policy development to integrate SFCiS into current policy & practice
- Membership of a growing SFC community for peer-led support and development



Associated Benefits

- **School**
 - Whole-school SFCiS operates at all levels, wherever complex problems need solving; management and teams, SEN, inclusion, parent/carer relationships, integrated work with external services e.g CAMHS, social care, health, police
 - Enabling rapid, low-cost, self-paced skills development for all school staff
- **Teaching Staff**
 - Improved academic, social and emotional engagement.
 - Improved classroom and corridor behaviour
- **Child or Young Person**
 - Strengthened self-esteem
 - Increased self-motivation and engagement and learning
 - Reducing and self-managing stress and anxiety
 - Providing CYP with alternatives to challenging behaviour
 - Addressing the effects of adverse childhood experiences (ACEs)
 - Supporting diversity in curriculum.



Outcomes Delivered

- **Reducing exclusions** through providing an effective alternative to punishment and exclusion
- **Strengthening inclusion and engagement** through providing CYP with alternatives to challenging behaviour
- **Increasing school capacity wellbeing and mental health support**
- **Integration of SFCiS with existing school policy and practice**
- **Best practice in continuous professional development** by pairing self-paced online learning with Short, medium and long-term support and supervision to embed the approach and maintain consistency

Case Studies

Local Authority - Inclusion Manager Lincs County Council Children's Services

I was a newly appointed Inclusion manager, looking for inspiration and guidance. It is fair to say that SFCiS has been a key factor in significantly reducing exclusions, even as the rate skyrockets nationally. SFCiS appears in our Pastoral Support Plan (PSP) and we strongly recommend all schools use this. All pupils open to PSP should be assigned a Solutions Focused Coach by their School.

Secondary School Parent St Ambrose Barlow Catholic High School, Swinton, Greater Manchester

Thank you for offering our daughter these coaching sessions as they have meant so much to both of us. I did actually get to a point where I thought she may never be able to get back into mainstream schooling. I am just so pleased that she is happy again and mixing with her friends. I realise it is early days but I am so proud of her progress.

Primary School Meadowbank Primary School, Cheadle, Stockport, Greater Manchester

The focus of SFCiS has been on recognising successes, being resourceful and providing space to plan to achieve goals. It sounds so simple, and in many ways it is, but the Solution Focused approach is very powerful and the simplicity of it is an essential element of its power. Nothing else had worked for managing behavioural issues with these children.

Parent & Child Cheryll (Mum)

Solutions focused coaching has succeeded where other interventions, including medication, have failed. It's been so straight forward for Joe to pick up, which surprised me as he was only 5 years old when we first started and had been diagnosed with both ADHD and Aspergers. The difference it has had on his life has been remarkable and even the Pediatrician's have been impressed. I love SFC!

Joe (Son)

I have been doing solution focus for several years now. It is when you find solutions to help you focus and control anxieties. I first started solution focus at my infant school as I struggled to control my anxieties and I didn't really like being around people. This is when Geoff James stepped in! (aka the child whisperer) Geoff has taught me lots of ways of coping and I feel better at school and home.

